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GASTROENTEROLOGY AND HEPATOLOGY

INSTRUCTIONS FOR COLONOSCOPY

HALFLYTELY OR COLYTE PREPARATION AND TWO DULCOLAX TABLETS

Patient: _____ is scheduled for: Colonoscopy / Endoscopy

Date: _____ Arrival Time: _____

On the morning/afternoon of the procedure, go to:

La Peer Surgical Center, 8920 Wilshire Blvd, Suite 101, Beverly Hills, CA 90211
(310) 360-9119 (see map).

****If you take Insulin, you will have to reduce your insulin dosage by ½ the evening prior to your procedure****

AT 4:00pm on: _____, _____, TAKE TWO DULCOLAX TABLETS.

1. On _____ you must have a clear liquid breakfast, lunch and dinner. (See sample menu)
2. On the day before your procedure, make up the HALFLYTELY OR COLYTE preparation and place in the refrigerator. Follow instructions on container, for preparation of your HALFLYTELY OR COLYTE prep solution (**You May Mix with ½ Lemonade (NO PULP) And ½ Water**).
3. Starting at **4:00 pm** drink the preparation every 15-30 minutes until finished.
You should be finished by 8:00 PM.
4. Evacuation usually begins 1 hour after ingestion, and usually ends within 4 hours. (But it may take as long as 6 hours before bowel movements begin).
5. You may have **NOTHING TO EAT OR DRINK AFTER MIDNIGHT.**

***If your procedure is scheduled BEFORE 12:00 p.m., DO NOT drink any liquids after midnight.
If your procedure is scheduled AFTER 12:00 p.m., you may have a small amount of liquid before 8:00 a.m. the morning of the procedure.

IMPORTANT: CALIFORNIA LAW PROHIBITS THE FACILITY FROM DISCHARGING YOU TO PUBLIC TRANSPORTATION OR TO YOURSELF AFTER YOUR PROCEDURE.
PLEASE MAKE SURE YOU HAVE SOMEONE WHO CAN PICK YOU UP.
YOUR PROCEDURE WILL BE CANCELLED IF YOU DO NOT HAVE A RIDE HOME.