

# LEO TREYZON, M.D., INC.

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## GASTROENTEROLOGY AND HEPATOLOGY INSTRUCTIONS FOR COLONOSCOPY

### MOVIPREP

Patient: \_\_\_\_\_ is scheduled for: Colonoscopy / Endoscopy

Date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

On the morning/afternoon of the procedure, go to:

Cedars Sinai Medical Center South Tower, 7<sup>th</sup> Floor registration desk #7511

\*\*\*\*If you take Insulin, you will have to reduce your insulin dosage by 1/2 the evening prior to your procedure\*\*\*\*

**STEP 1.** The MoviPrep carton contains a disposable container for reconstitution of MoviPrep and an inner carton containing 4 Pouches (2 x Pouch A and 2 x Pouch B). Take 1 Pouch A and 1 Pouch B, empty the contents into the disposable container. Add liter of luke warm drinking water.

**STEP 2.** Mix to dissolve. Do not add any other ingredients, flavor, etc. If the patient prefers the solution may be refrigerated before drinking. Keep the reconstituted solution in an upright position. Use within 24 hours.

**STEP 3.** At 6:00pm in the evening before the colonoscopy, take the first liter of MoviPrep solution over one hour (one 8 ounce glass every 15 minutes) and then about 1 1/2 hours later take the second liter of MoviPrep solution over one hour.

In Addition, drink 1 liter (approximately 32 ounces) of additional clear liquids during the evening before the colonoscopy. A loose watery bowel movement may result in approximately one hour after the start of MoviPrep administration.

You may have **NOTHING TO EAT OR DRINK AFTER MIDNIGHT**

**\*\*\*If your procedure is scheduled BEFORE 12:00 p.m., DO NOT drink any liquids after midnight. If your procedure is scheduled AFTER 12:00 p.m., you may have a small amount of liquid before 8:00 a.m. the morning of the procedure.**

**IMPORTANT:** CALIFORNIA LAW PROHIBITS THE FACILITY FROM DISCHARGING YOU TO PUBLIC TRANSPORTATION OR TO YOURSELF AFTER YOUR PROCEDURE.

**PLEASE MAKE SURE YOU HAVE SOMEONE WHO CAN PICK YOU UP.**

**YOUR PROCEDURE WILL BE CANCELLED IF YOU DO NOT HAVE A RIDE HOME.**