

# LEO TREYZON, M.D., INC.

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GASTROENTEROLOGY AND HEPATOLOGY

## INSTRUCTIONS FOR COLONOSCOPY

### HALFLYTELY OR COLYTE PREPARATION

Patient: \_\_\_\_\_ is scheduled for: Colonoscopy / Endoscopy

Date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

On the morning/afternoon of the procedure, go to:

Cedars Sinai Medical Center South Tower, 7<sup>th</sup> Floor registration desk #7511

\*\*\*\*If you take Insulin, you will have to reduce your insulin dosage by ½ the evening prior to your procedure\*\*\*\*

1. On \_\_\_\_\_ you must have a clear liquid breakfast, lunch and dinner. (See sample menu)
2. On the day before your procedure, make up the HALFLYTELY OR COLYTE preparation and place in the refrigerator. Follow instructions on container, for preparation of your HALFLYTELY OR COLYTE prep solution (**You May Mix with ½ Lemonade (NO PULP) And ½ Water**).
3. Starting at **4:00 pm** drink the preparation every 15-30 minutes until finished. You should be finished by 8:00 PM.
4. Evacuation usually begins 1 hour after ingestion, and usually ends within 4 hours. (But it may take as long as 6 hours before bowel movements begin).
5. You may have **NOTHING TO EAT OR DRINK AFTER MIDNIGHT.**

\*\*\*If your procedure is scheduled BEFORE 12:00 p.m., DO NOT drink any liquids after midnight. If your procedure is scheduled AFTER 12:00 p.m., you may have a small amount of liquid before 8:00 a.m. the morning of the procedure.

**IMPORTANT:** CALIFORNIA LAW PROHIBITS THE FACILITY FROM DISCHARGING YOU TO PUBLIC TRANSPORTATION OR TO YOURSELF AFTER YOUR PROCEDURE.  
**PLEASE MAKE SURE YOU HAVE SOMEONE WHO CAN PICK YOU UP.**  
**YOUR PROCEDURE WILL BE CANCELLED IF YOU DO NOT HAVE A RIDE HOME.**